

## Many Highly Sensitive (HSP), ADD, Gifted, 2E or 2X people are —

## CASIGYs™!

Creative, Curious, Complex

Acutely Aware, Asynchronous

Super-Sensitive

ntense, Introverted and/or

**G**ifted

You?

THE MORE OF THESE TRAITS YOU CARRY,

THE MORE YOU MIGHT LIKE TO CALL YOURSELF A CASIGY™!

FOR MORE INFO, GO TO www.TherapistForSensitiveAndGifted.com/CASIGY/